

Are you worried that either you, or a close friend or relative, may be developing memory problems or early signs of dementia?

If so answering the following questions may help to determine whether or not this needs further assessment.

Your name, or name of the person you're concerned about:	
Relationship with person you're concerned about (if applicable):	

The following six questions ask about how the person named above is now compared to how they were 5 – 10 years ago.

Compared to a few years ago:

	Yes	No	Don't Know	N/A
1. Does the person have more trouble remembering things that have happened recently than they used to?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
2. Do they have more trouble recalling conversations a few days later?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
3. When speaking, do they have more difficulty in finding the right word or tend to use the wrong words more often?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
4. Are they less able to manage money and financial affairs (e.g. paying bills, budgeting)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Are they less able to manage their medication independently?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Do they need more assistance with transport (either private or public)?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(If they have difficulty due only to physical problems, e.g. bad leg, tick 'no')

If you have ticked "Yes" 3 or more times, then this could indicate a problem.

We would suggest you discuss it with the person that you are concerned about, if applicable, and advise they make an appointment at the surgery for a further assessment.